



# Indigenous Motherhood

Healing colonial trauma to revitalize Indigenous kinship

Day One: Healing Toxic Family Dynamics and Breaking Cycles	Day Two: Liberating Children	Day Three: Problem Solving and Removing Unhealthy Blocks	Day Four: Final Tools and Closing
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This program is designed for participants to gain models, tools, and knowledge in the areas of colonialism, residential schools, the child welfare system, healing from trauma, the integration of indigenous systems, healthy communication & healthy relationships, productive problem solving, self-esteem & self worth, forgiveness, traditional diets, emotional intelligence, grief & loss, indigenous parenting practices, and many more.

Participants will ultimately discover tools, and how to utilize tools, which will aid in restoring happiness, love, and truth in all areas of life not only in times of crisis and trauma, but in every-day life as well.



Andrea Landry  
Life Skills Coach / Mother  
MA Communications  
& Social Justice

Bluequills:  
November 6th-9th  
9:30am-3pm Daily

Who is this training for?

- ✓ Child intervention workers, family enhancement workers, community agencies, community leaders, school liaison workers, Elders and other resource people interested in restorative practices and circle applications

✓ **REGISTRATION FEES \$ 450.00 per person**

Name

Company

Title

Address

Phone

e-mail

**LOCATION** – Gymnasium Blue Quills Campus, St. Paul, Alberta, 5 km west of St. Paul, N of HWY 29, on Airport Road  
TIME 9:30 – 3:00 each day, for info email: [shirleyh@bluequills.ca](mailto:shirleyh@bluequills.ca)  
**To register**, email this form to [anitac@bluequills.ca](mailto:anitac@bluequills.ca) / for credit card/e-transfer payment call Shaun at 780-645-4455

